

Date	Chapter	Section	Change
3/31/2021	Low Back	AccuraScope Procedure (North American Spine) for Low Back Conditions	Topic title change from "Accurascope Procedure (North American Spine) for Low Back Conditions" to "AccuraScope Procedure (North American Spine) for Low Back Conditions"
3/31/2021	Neck	AccuraScope Procedure (North American Spine) for Neck and Upper Back Conditions	Topic title change from "Accurascope Procedure (North American Spine) for Neck and Upper Back Conditions" to "AccuraScope Procedure (North American Spine) for Neck and Upper Back Conditions"
3/31/2021	Low Back	AlignMed Posture Garments for Low Back Conditions	Topic title change from "Aligned Posture Garments for Low Back Conditions" to "AlignMed Posture Garments for Low Back Conditions"
3/31/2021	Hernia	Amniotic Membrane Allograft (AmnioFix) for Hernia	Topic title change from "Amniotic Membrane Allograft (Amniofix) for Hernia" to "Amniotic Membrane Allograft (AmnioFix) for Hernia"
3/31/2021	Knee	Amniotic Membrane Allograft (AmnioFix) for Knee and Leg Conditions	Topic title change from "Amniotic Membrane Allograft (Amniofix) for Low Back Conditions" to "Amniotic Membrane Allograft (AmnioFix) for Low Back Conditions"
3/31/2021	Low Back	Amniotic Membrane Allograft (AmnioFix) for Low Back Conditions	Topic title change from "Amniotic Membrane Allograft (Amniofix) for Shoulder Surgery" to "Amniotic Membrane Allograft (AmnioFix) for Shoulder Surgery"
3/31/2021	Shoulder	Amniotic Membrane Allograft (AmnioFix) for Shoulder Surgery	Topic title change from "Amniotic Membrane Allograft (Amniofix®) for Knee and Leg Conditions" to "Amniotic Membrane Allograft (AmnioFix®) for Knee and Leg Conditions"
3/31/2021	Neck	Anterior Cervical Fusion in Neck and Upper Back	Recommendation statement update, Criteria update, Evidence summary update
3/31/2021	Mental	Antidepressants for Tension Headaches	Topic title change from "Pharmaceuticals Versus Behavioral Therapy for Tension Headaches, Mental Illness and Stress" to "Antidepressants for Tension Headaches," Changed recommendation grade, Recommendation statement update, Evidence summary update
3/31/2021	Pain	Anti-Epilepsy Drugs (AEDs) for Pain	Copyediting changes only
3/31/2021	Low Back	AposTherapy Shoe for Low Back Conditions	Topic title change from "Apostherapy Shoe for Low Back Conditions" to "AposTherapy Shoe for Low Back Conditions"
3/31/2021	Knee	BioCartilage for Knee and Leg Conditions	Topic title change from "Biocartilage for Knee and Leg Conditions" to "BioCartilage for Knee and Leg Conditions"
3/31/2021	Knee	BioniCare® Knee Device for Knee and Leg Conditions	Topic title change from "Bionicare® Knee Device for Knee and Leg Conditions" to "BioniCare® Knee Device for Knee and Leg Conditions"

3/31/2021 Pain	Carisoprodol (Soma®) for Pain	Evidence summary update Topic title change from "Chlorzoxazone for Pain" to "Chlorzoxazone (Lorzone®) for Pain," Changed recommendation grade,
3/31/2021 Pain	Chlorzoxazone (Lorzone®) for Pain	Evidence summary update Topic title change from "Conzip (Tramadol ER) for Pain" to "ConZip (Tramadol ER) for Pain"
3/31/2021 Pain	ConZip (Tramadol ER) for Pain	
3/31/2021 Pain	CRPS, Medications for Pain	Copyediting changes only Recommendation statement update, Criteria
3/31/2021 Pain	Cyclobenzaprine (Flexeril®) for Pain	update, Evidence summary update Topic title change from "De Quervain's Tenosynovitis Surgery for Forearm, Wrist, and Hand Conditions" to "De Quervain Tenosynovitis Surgery for Forearm, Wrist, and Hand Conditions"
3/31/2021 Forearm	De Quervain Tenosynovitis Surgery for Forearm, Wrist, and Hand Conditions	
3/31/2021 Ankle	Deep Venous Thrombosis Prophylaxis for Ankle and Foot Conditions	Copyediting changes only Topic title change from "Dtap Vaccine for Infectious Diseases" to "DTaP Vaccine for Infectious Diseases"
3/31/2021 Infectious	DTaP Vaccine for Infectious Diseases	
3/31/2021 Carpal	Durkan Compression Test for Carpal Tunnel Syndrome	Topic title change from "Durkan's Compression Test for Carpal Tunnel Syndrome" to "Durkan Compression Test for Carpal Tunnel Syndrome"
3/31/2021 Ankle	Electrical Stimulation (E-STIM) for Ankle and Foot Conditions	Topic title change from "Electrical Stimulation (E-Stim) for Ankle and Foot Conditions" to "Electrical Stimulation (E-STIM) for Ankle and Foot Conditions"
3/31/2021 Forearm	Electrical Stimulation (E-STIM) for Forearm, Wrist, and Hand Conditions	Topic title change from "Electrical Stimulation (E-Stim) for Forearm, Wrist, and Hand Conditions" to "Electrical Stimulation (E-STIM) for Forearm, Wrist, and Hand Conditions"
3/31/2021 Knee	Electrical Stimulation (E-STIM) for Knee and Leg Conditions	Topic title change from "Electrical Stimulation (E-Stim) for Knee and Leg Conditions" to "Electrical Stimulation (E-STIM) for Knee and Leg Conditions"
3/31/2021 Head	Electroencephalography (EEG) for Head Conditions	Topic title change from "Electroencephalography (EEG)for Head Conditions" to "Electroencephalography (EEG) for Head Conditions"
3/31/2021 Low Back	Epidural Steroid Injection (ESI), "Series of Three," for Low Back Conditions	Recommendation statement update, Evidence summary update
3/31/2021 Pain	Epidural Steroid Injections (ESIs) for Pain	Recommendation statement update, Criteria update Topic title change from "Eye Tracking Tests for Head" to "Eye Tracking Tests for Head Conditions"
3/31/2021 Head	Eye Tracking Tests for Head Conditions	

3/31/2021	Pulmonary	FeNO (Fractional Exhaled Nitric Oxide) for Pulmonary Conditions	Topic title change from "Feno (Fractional Exhaled Nitric Oxide) for Pulmonary Conditions" to "FeNO (Fractional Exhaled Nitric Oxide) for Pulmonary Conditions"
3/31/2021	Mental	GABAdone™ for Mental Illness and Stress	Topic title change from "Gabadone™ for Mental Illness and Stress" to "GABAdone™ for Mental Illness and Stress"
3/31/2021	Pain	GABAdone™ for Pain	Topic title change from "Gabadone™ for Pain" to "GABAdone™ for Pain"
3/31/2021	Diabetes	Glyburide (DiaBeta) for Diabetes	Topic title change from "Glyburide (Diabeta) for Diabetes" to "Glyburide (DiaBeta) for Diabetes"
3/31/2021	Forearm	Guyon Canal Syndrome Surgery for Forearm, Wrist, and Hand Conditions	Topic title change from "Guyon's Canal Syndrome Surgery for Forearm, Wrist, and Hand Conditions" to "Guyon Canal Syndrome Surgery for Forearm, Wrist, and Hand Conditions"
3/31/2021	Knee	iBot Powered Wheelchair for Knee and Leg Conditions	Topic title change from "Ibot Powered Wheelchair for Knee and Leg Conditions" to "iBot Powered Wheelchair for Knee and Leg Conditions"
3/31/2021	Low Back	IntelliSkin Posture Garments for Low Back Conditions	Topic title change from "Intelliskin Posture Garments for Low Back Conditions" to "IntelliSkin Posture Garments for Low Back Conditions"
3/31/2021	Shoulder	IntelliSkin Posture Garments for Shoulder Conditions	Topic title change from "Intelliskin Posture Garments for Shoulder Conditions" to "IntelliSkin Posture Garments for Shoulder Conditions"
3/31/2021	Low Back	Intraoperative Neurophysiological Monitoring (IOM) During Surgery for Low Back Conditions	Topic title change from "Intraoperative Neurophysiological Monitoring (IOM) During Surgery for Low Back Conditions" to "Intraoperative NeuroPhysiological Monitoring (IOM) During Surgery for Low Back Conditions"
3/31/2021	Low Back	iO-Flex System® for Low Back Conditions	Topic title change from "Io-Flex System® for Low Back Conditions" to "iO-Flex System® for Low Back Conditions"
3/31/2021	Pain	Ketamine Infusion for CRPS, Pain Conditions	Evidence summary update
3/31/2021	Pain	Lorzone® (Chlorzoxazone) for Pain	Update to xref: "Chlorzoxazone (Lorzone®) for Pain"
3/31/2021	Burns	MatriStem® (ACell) for Burns and Wounds	Topic title change from "Matristem® (Acell) for Burns and Wounds" to "MatriStem® (ACell) for Burns and Wounds"
3/31/2021	Pain	Meprobamate for Pain	Remove entry
3/31/2021	Pain	Metaxalone (Skelaxin®) for Pain	Changed recommendation grade, Evidence summary update
3/31/2021	Pain	Muscle Relaxants for Pain	Recommendation statement update, Criteria update, Evidence summary update
3/31/2021	Diabetes	NovoLog (Insulin) for Diabetes	Topic title change from "Novolog (Insulin) for Diabetes" to "NovoLog (Insulin) for Diabetes"

3/31/2021	Knee	Outpatient Joint Replacement for Knee and Leg Conditions	Copyediting changes only
3/31/2021	Knee	Patellar Tendinosis Surgery for Jumper Knee, Knee and Leg Conditions	Topic title change from "Patellar Tendinosis Surgery for Jumper's Knee, Knee and Leg Conditions" to "Patellar Tendinosis Surgery for Jumper Knee, Knee and Leg Conditions"
3/31/2021	Diabetes	PDE5 Inhibitors for Diabetes	Remove entry
3/31/2021	Ankle	Peroneal Nerve Functional Electrical Stimulation (pFES) for Ankle and Foot Conditions	Topic title change from "Peroneal Nerve Functional Electrical Stimulation (PFES) for Ankle and Foot Conditions" to "Peroneal Nerve Functional Electrical Stimulation (pFES) for Ankle and Foot Conditions"
3/31/2021	Carpal	Phalen Test for Carpal Tunnel Syndrome	Topic title change from "Phalen's Test for Carpal Tunnel Syndrome" to "Phalen Test for Carpal Tunnel Syndrome"
3/31/2021	Diabetes	Phosphodiesterase Type-5 (PDE5) Inhibitors for Diabetes	Remove entry
3/31/2021	Neck	Posterior Cervical Fusion in Neck and Upper Back	Changed recommendation grade, Evidence summary update
3/31/2021	Infectious	Pre-Exposure Prophylaxis (PrEP) for HIV Prevention, Infectious Diseases	Topic title change from "Pre-exposure Prophylaxis (PrEP) for HIV Prevention, Infectious Diseases" to "Pre-Exposure Prophylaxis (PrEP) for HIV Prevention, Infectious Diseases"
3/31/2021	Pain	Ranitidine (Zantac®) for Pain	Remove entry
3/31/2021	Burns	Recombinant Human Growth Hormone (rhGH) for Burns and Wounds	Topic title change from "Recombinant Human Growth Hormone (RHGH) for Burns and Wounds" to "Recombinant Human Growth Hormone (rhGH) for Burns and Wounds"
3/31/2021	Neck	Repetitive Magnetic Stimulation (rMS) for Neck and Upper Back Conditions	Topic title change from "Repetitive Magnetic Stimulation (RMS) for Neck and Upper Back Conditions" to "Repetitive Magnetic Stimulation (rMS) for Neck and Upper Back Conditions"
3/31/2021	Shoulder	Reverse Shoulder Arthroplasty (RSA) for Shoulder Conditions	Copyediting changes only
3/31/2021	Shoulder	Rotator Cuff Graft (Patch) for Shoulder Conditions	Recommendation statement update, Evidence summary update
3/31/2021	Mental	SAMe (S-Adenosylmethionine) for Mental Illness and Stress	Topic title change from "Same (S-Adenosylmethionine) for Mental Illness and Stress" to "SAMe (S-Adenosylmethionine) for Mental Illness and Stress"
3/31/2021	Diabetes	Sildenafil (Viagra) for Diabetes	Remove entry
3/31/2021	Pain	Skelaxin® (Metaxalone) for Pain	Update to xref: "Metaxalone (Skelaxin®) for Pain"
3/31/2021	Pain	SpeedGel RX for Pain	Topic title change from "Speedgel RX for Pain" to "SpeedGel RX for Pain"

3/31/2021	Low Back	Spinal Cord Stimulators (SCS) for Low Back Conditions	Recommendation statement update, Criteria update, Evidence summary update
3/31/2021	Pain	Spinal Cord Stimulators (SCS) for Pain	Recommendation statement update
3/31/2021	Pain	Spinal Cord Stimulators for CRPS, Pain Conditions	Recommendation statement update, Criteria update, Evidence summary update
3/31/2021	Low Back	SpineCor Brace for Idiopathic Scoliosis, Low Back Conditions	Topic title change from "Spinecor Brace for Idiopathic Scoliosis, Low Back Conditions" to "SpineCor Brace for Idiopathic Scoliosis, Low Back Conditions"
3/31/2021	Low Back	SpineJet (HydroCision) for Low Back Conditions	Topic title change from "Spinejet (Hydrocision) for Low Back Conditions" to "SpineJet (HydroCision) for Low Back Conditions"
3/31/2021	Mental	St. John Wort for Major Depressive Disorder (MDD), Mental Illness and Stress	Topic title change from "St. John's Wort for Major Depressive Disorder (MDD), Mental Illness and Stress" to "St. John Wort for Major Depressive Disorder (MDD), Mental Illness and Stress"
3/31/2021	Low Back	STarT Back Screening Tool (SBST) for Low Back Conditions	Topic title change from "Start Back Screening Tool (SBST) for Low Back Conditions" to "STarT Back Screening Tool (SBST) for Low Back Conditions"
3/31/2021	Diabetes	SudoScan for Diabetes	Topic title change from "Sudoscans for Diabetes" to "SudoScan for Diabetes"
3/31/2021	Low Back	Surface Electromyography (sEMG) for Low Back Conditions	Topic title change from "Surface Electromyography (Semg) for Low Back Conditions" to "Surface Electromyography (sEMG) for Low Back Conditions"
3/31/2021	Shoulder	Surgery for Biceps Tenodesis (or Tenotomy), Shoulder Conditions	Copyediting changes only
3/31/2021	Hip	Surgery for Femoroacetabular Impingement (FAI), Hip and Pelvis Conditions	Copyediting changes only
3/31/2021	Shoulder	Surgery for Rotator Cuff Repair, Shoulder Conditions	Copyediting changes only
3/31/2021	Shoulder	Surgery for SLAP Lesions, Shoulder Conditions	Copyediting changes only
3/31/2021	Pulmonary	Theophyllines (Slo-Bid®; Uniphyll®) for Pulmonary Conditions	Changed recommendation grade
3/31/2021	Low Back	Therapeutic Epidural Steroid Injection (ESI) for Low Back Conditions	Recommendation statement update, Criteria update, Evidence summary update
3/31/2021	Carpal	Tinel Sign for Carpal Tunnel Syndrome	Topic title change from "Tinel's Sign for Carpal Tunnel Syndrome" to "Tinel Sign for Carpal Tunnel Syndrome"
3/31/2021	Pain	Tizanidine (Zanaflex®) for Pain	Recommendation statement update, Evidence summary update

3/31/2021	Pain	Transcranial Direct Current Stimulation (tDCS) for Pain	Topic title change from "Transcranial Direct Current Stimulation (TDCs) for Pain" to "Transcranial Direct Current Stimulation (tDCS) for Pain"
3/31/2021	Hip	Tumor Necrosis Factor Alpha (TNF-alpha) Blockers for Hip and Pelvis Conditions	Topic title change from "Tumor Necrosis Factor Alpha (TNF-a) Blockers for Hip and Pelvis Conditions" to "Tumor Necrosis Factor Alpha (TNF-alpha) Blockers for Hip and Pelvis Conditions"
3/31/2021	Pain	UltraClear® for Pain	Topic title change from "Ultraclear® for Pain" to "UltraClear® for Pain"
3/31/2021	Pain	Uncaria Tomentosa (Cat Claw) for Pain	Topic title change from "Uncaria Tomentosa (Cat's Claw) for Pain" to "Uncaria Tomentosa (Cat Claw) for Pain"
3/31/2021	Low Back	VibraCussor® (Percussion Massage Device) for Low Back Conditions	Topic title change from "Vibracussor® (Percussion Massage Device) for Low Back Conditions" to "VibraCussor® (Percussion Massage Device) for Low Back Conditions"
3/31/2021	Infectious	Viral Pandemic Management (COVID-19) for Infectious Diseases	Criteria update, Evidence summary update
3/31/2021	Pain	Zanaflex® (Tizanidine) for Pain	Update to xref: "Tizanidine (Zanaflex®) for Pain"
3/31/2021	Elbow	Paracetamol for Elbow Conditions	New xref: "Nonprescription Medications for Elbow Conditions"
3/31/2021	Elbow	Osteogenesis Stimulator, Electrical for Elbow Conditions	New xref: "Bone Growth Stimulators, Electrical for Elbow Conditions"
3/31/2021	Elbow	Osteogenesis Stimulator, Low-Intensity Ultrasound for Elbow Conditions	New xref: "Bone Growth Stimulators, Ultrasound for Elbow Conditions"
3/31/2021	Ankle	Fasciotomy Using the Topaz Technique for Ankle and Foot Conditions	New xref: "Coblation Therapy (Topaz Procedure) for Ankle and Foot Conditions"
3/31/2021	Ankle	Radiofrequency Coblation for Ankle and Foot Conditions	New xref: "Coblation Therapy (Topaz Procedure) for Ankle and Foot Conditions"
3/31/2021	Ankle	Topaz Microdebridement for Ankle and Foot Conditions	New xref: "Coblation Therapy (Topaz Procedure) for Ankle and Foot Conditions"
3/31/2021	Ankle	Topaz Microtenotomy for Ankle and Foot Conditions	New xref: "Coblation Therapy (Topaz Procedure) for Ankle and Foot Conditions"
3/31/2021	Knee	Group Physiotherapy for Knee and Leg Conditions	New xref: "Group Physical Therapy (PT) for Knee and Leg Conditions"
3/31/2021	Ankle	VascuTherm for Ankle and Foot Conditions	New xref: "Intermittent Impulse Compression Therapy for Ankle and Foot Conditions"
3/31/2021	Knee	Maquet Procedure for Knee and Leg Conditions	New xref: "Lateral Retinacular Release for Knee and Leg Conditions"
3/31/2021	Knee	Patella Tendon Realignment for Knee and Leg Conditions	New xref: "Lateral Retinacular Release for Knee and Leg Conditions"
3/31/2021	Ankle	Physiotherapy for Ankle and Foot Conditions	New xref: "Physical Therapy (PT) for Ankle and Foot Conditions"

Formulary	Muscle relaxants, Baclofen, Lioresal ®, Yes, Y	Update entry; Add "Oral tablets" to the notes
Formulary	Muscle relaxants, Baclofen, Ozobax®, Yes, N	New entry; Not recommended
Formulary	Muscle relaxants, Chlorzoxazone, Parafon Forte ®, Paraflex ®, Relax™DS, Remular S™, Yes, Y	Update entry; Remove Paraflex ®, Relax™DS, Remular S™ brands; Status change to "N"
Formulary	Muscle relaxants, Chlorzoxazone, Lorzone ®, No, N	Update entry; Update drug cost to \$80.70
Formulary	Muscle relaxants, Metaxalone, Skelaxin ®, Yes, Y	Update entry; Status change to "N"
Formulary	Muscle relaxants, Tizanidine, Zanaflex ®, Yes, Y	Update entry; Status change to "N"
Formulary	Topical analgesics, Ketamine, Ketamine, Yes, N	Update entry; Update brand name to "Ketalar ®"
Formulary	Asthma medications, Theophylline, Slo-Bid ®, Yes, N	Update entry; Add brands Elixophyllin®, Quibron-T®, Theo-24®, Theochron®, Theolair®, Uniphyll®
Formulary	Disease-modifying antirheumatic drug (DMARD), Hydroxychloroquine sulfate, Plaquenil®, For COVID-19, Yes, Y	Update entry; Status change to "N"
Formulary	Disease-modifying antirheumatic drug (DMARD), Hydroxychloroquine sulfate, Plaquenil®, For Rheumatologic disease, Yes, Y	Delete entry
Formulary	H2-receptor antagonists, Ranitidine, Zantac ®, Y-OTC, Y	Update entry; Status change to "N"