

## AUDIO-VIDEO LIBRARY LIST

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ID#	Title	Category/Subject
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### ACCIDENT INVESTIGATION

D65	<u>Accident Investigation</u> – (Complete Training Program) “Accidents will happen” We have all heard that statement before. Unfortunately, it is true. In spite of our best efforts, things do occasionally go wrong. While many accidents seem to happen for obvious reasons, there may be things that contribute to an accident which are not always apparent. That is why it is vital to conduct a thorough accident investigation. This program shows employees steps that are taken in a accident investigation and highlights how important it is for employees to fully cooperate with any inquiry. It also points out that while an investigation’s focus is to determine the cause of an accident, the overall goal is to prevent similar accidents from happening again. Topics covered are: the goals of an accident investigation, securing an accident scene, root-cause analysis, the importance of investigative interviews, assisting in an accident investigation, reporting the near misses, the role of policies, equipment and training on accident prevention, as well as addition subjects. Class materials include DVD (and upon request, a copy of an employee quiz, a comprehensive leader’s guide and a training certificate). 13 minutes, 1997	
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### AIR MONITORING

D43	<u>Life Saving Through Air Monitoring</u> – This provides a survey of common toxic atmosphere hazards including oxygen deficiency, hydrogen sulfide, carbon monoxide/dioxide. Also covered are general examples of air monitoring techniques, sampling, calibration and how to deal with combustible/toxic gases. Includes questions, answers and PowerPoint slides. 13 minutes, 2009	
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## ANHYDROUS AMMONIA

- D55** Anhydrous Ammonia – Anhydrous ammonia is used in making many important products, but it can be toxic, even deadly. This program covers the basic facts about the chemical, personal protection and emergency response. How ammonia affects the body, avoiding exposure, and preventing release are among the subjects covered. 22 minutes, 2008
- D59** Asbestos Awareness – Dispel some of the common myths about asbestos by educating your team about Asbestos Containing Materials (ACM) and how to work safety around them. 16 minutes, 2008
- D67** Asbestos Awareness – (Complete Training Program) In August 1994, OSHA issued 29 CFR 1910.1101, "Occupational Exposure to Asbestos." This regulation requires that all employees who could come into contact with materials that might contain asbestos be given appropriate training on working safely in these situations. Because many materials commonly used in buildings for many years (including ceiling tiles, vinyl flooring and wall and pipe insulation) contain asbestos, this means that the regulation applies to virtually every custodial, janitorial and maintenance worker in the country. This Regulatory Compliance kit has been created specifically to educate employees about the dangers of working with materials that may contain asbestos. Class materials include DVD (and upon request a copy of an employee quiz, a comprehensive leader's guide, and a training certificate). 14 minutes

## BACK INJURIES

- D47** Back Safety: Exercise and Ergonomics – They say you never notice the parts of your body until they hurt. This video stresses the importance of back safety and discusses not only the risks involved in everyday body movement, but also the ways to prevent those risks from turning into debilitating injures. The presentation stresses a proactive approach including proper health through exercise and ergonomics. Information is offered on how to properly move through each day without adding undue strain and stress on the body. Viewers will be shown a range of basic stretches as well as other methods and tips for safe and healthy movement. 15 minutes, 2008

## CHEMICALS

- D102** Chlorine Emergencies (An Overview for First Responders)- Explores all aspects of chlorine first response. This includes: Overview of a response, chlorine and its properties, site safety plan, community awareness, personal protective equipment, health effects of chlorine exposure, transport, disposal options, mitigation, and post response. 22 minutes, 2007

## COMPRESSED GAS

- D68** Handling Compressed Gas Cylinders – (Complete Training Program) In today's work environment, compressed gas is used for many things: refrigeration, welding, heating and other functions. Compressed gas can be dangerous, and employees who work with it need to know how to handle it properly. Class materials include the DVD (and upon request, a copy of an employee quiz, a comprehensive leader's guide and a training certificate). 12 minutes

## CONSTRUCTION

- D54** Aerial Lift Safety – English or Spanish. Proper donning procedures for body harnesses is discussed, along with the importance of regular equipment inspection and other safety issues related to the use of aerial lifts. 10 minutes, 2009
- D56** Backhoe/Loader Operations – English and Spanish. This film gives general safety practices and operating rules for anyone assigned the job of operating a backhoe loader and explains basic operator maintenance procedures. Included are questions, answers and PowerPoint slides. 9 minutes, 2008
- D36** Cave In Response – This program trains personnel how to respond safely to a cave in and not become a victim. It was shot with one of the country's premier trench rescue units. If a trenching emergency occurred, would your people know how to handle it safely? 24 minutes
- D2** Cave In! Trenching and Shoring Safety – Every year about 400 U.S. workers die and 6,400 are seriously injured in trench cave ins. That's why your employees need to understand trench hazards and how to prevent cave ins. Complies with OSHA 1926.650-652. Includes grain size and saturation, cohesion and soil testing and protective systems. 18 minutes, 2007
- D57** Confine Space Entry – The Silent Killers – English or Spanish. Provides an overview of the types of hazards associated with confined spaces, basic atmospheric testing requirements and related information. The major emphasis of this program is for the attendant. Generally, this person is the least trained, yet has life and death responsibility for those entering the confined space. This program helps the attendant understand his/her responsibilities. 19 minutes, 2009
- D31** Confined Space Communication & Awareness – Shown are procedures such as risk assessment, entry permit, PPE and requirements for working in confined spaces. Topics covered are: confine space atmosphere, risk assessment, communication, atmosphere testing, equipment and safeguards and permit system. 21 minutes, 2006
- D5** Confined Space Entry - Investigation – Two confined space accidents teach employees how to work safely in confined spaces and how they can prevent serious accidents from occurring. The investigation reveals what happened, what went wrong and how these accidents could have been prevented. Covers what to do when things go wrong, four areas to investigate and surviving in a confined space. 23 minutes, 2007
- D30** Confined Space Entry – Public Works & Construction – This film gives examples of and defines "Confined Spaces," and stresses the need for training to prevent accidents and injury. Program comes with a CD-ROM of written materials, including test questions and answers, which can be printed from your computer. 21 minutes, 2006
- D29** Construction Safety Essentials – Construction sites have the potential to be dangerous places. This production will help reduce or even eliminate the risks involved on site. It covers essentials such as housekeeping, working at heights, excavating and public safety. It also examines subjects often taken for granted, such as working in the elements. Don't simple rush into a job. 23 minutes, 2003
- D32** Cranes, Hoists & Slings – Crane and hoist operation is a complex task. A single mistake could cause serious injury and damage property. This DVD is intended for crane and

hoist operators, supervisors and any personnel working in the vicinity of cranes or hoists. Topics covered include: working near cranes, identifying and reducing risks, pre-operational checks, chains and slings, load assessment and communication signals. 17 minutes, 2006

- D72** Fall Arrest Systems – Whether you use a personal fall arrest system every day or only once in your life, this is for certain: the system won't do any good unless it is used properly. This film covers the basic ABCs of the fall arrest system (anchor point, body harness and connecting device), how the three components of a personal fall arrest system work together to prevent injuries and death, how to properly select, inspect and use fall prevention equipment, how to calculate the fall distance between the anchor point and the maximum elongation of the connecting device and why it is so important to choose a safe, legal tie-off point. 15 minutes
- D37** Fall Protection – Falls from any height can cause injury or death. OSHA requires use of fall protection equipment at heights over six feet. This film gives requirements for rails, nets, covers, personal fall arrest systems, and how to use them. Also details the retrieval of fall victims. Contains CD-ROM of written materials, tests question and answers. 19 minutes, 2009
- D93** Height Safety Essentials-The consequences of poor height safety practices can result in serious injuries and even death. Even a fall from a small height can result in serious consequences, decrease productivity and increase cost. Height Safety Essentials provides a training resource to help educate and refresh personnel at all levels. Topics covered: height case studies, risk assessment, scaffolds, fall arrest systems, ladders, and elevated work platforms. 21 minutes, 2006.
- D77** Industrial Crane Safety- Crane operators must be committed to moving loads in a safe, controlled manner in order to avoid injuries and property damage. This program demonstrates the safe work practices and precautions necessary to keep these employees and their co-workers out of harm's way while cranes and hoists are being rigged or operated. Covers what to look for when conducting a pre-operational inspection, what the three common types of hitches are, how sling angles affect the force of the load, what to do before lifting a load, and how to safely lift and move a load. 21 minutes.
- D38** Ladder Safety – Gives safety rules for the use of step ladders and straight ladders. Shows the proper use and placement of these and other elevated platforms. Contains CD-ROM of written materials, tests questions and answers. 4½ minutes, 2009
- D73** Ladder Safety: A Practical Approach – While ladder manufacturers strive to produce the safest ladders possible, a well-made ladder is not enough. This program discusses the basic precautions that will keep employees safe when using ladders. Viewers will also see the consequences of failing to follow these safe work practices. Covers how to correctly choose a ladder, what to look for when inspecting a ladder before use, how to properly place and set step and straight ladders, how to stand and work on a ladder properly, why ladders shouldn't be intentionally misused and what unique hazards are posed by multi-function ladders. 19 minutes
- D92** Powered Hand Tool Safety- From electric sanders to pneumatic jackhammers, powered hand tools are widely used across a huge range of industries. When operated improperly powered hand tools can inflict injuries from minor to life threatening. Topics covered: tool skills, PPE, pneumatic hand tools, safety essentials,

electric hand tools, and dangers of the work environment. 18 minutes, 2006.

- D99** Residential Construction Safety- English and Spanish. (State of Washington) Covers residential safety topics: Framing Safety (Safety preparation, safe access, guardrails, raising walls, rolling trusses and roof sheeting), Roofing Safety (job prep, walk-around safety inspection, ladder safety/safe access, anchorages, roofing, job completion), Siding Safety (job prep, walk-around safety inspection, setup and siding, ladder safety/safe access, scaffold safety, and job completion, and Pole Topping Safety ( re-enactment of an accident and recommended safety practices for pole topping). 49 minutes, 1999-2000
- D33** Rigging Equipment Basics – English and Spanish. The materials and techniques used in the three most common types of slings (wire rope, fiber rope and webbing) are presented in this program, along with information on proper selection, maintenance and rigging. Item RIG 001 – rigging basics, slings and hitches, wire rope and synthetic web slings, attachments. 20 minutes, 2010
- D49** Scaffold and Scaffolding Safety – Meant for anyone who works on or around scaffolding. The video goes over basic safety rules, tips on how to use scaffolding safely and operating procedures for scaffold use. Includes a CD-ROM with a leader’s guide, a written test and other written materials. If your employees use scaffolding, then this video is an essential training tool for your business. 11 minutes, 2009
- D64** Slips, Trips and Falls – (Complete Training Program) Most employees don’t give much thought to the prospect of slipping, tripping or even falling on the job. Yet these types of accidents account for more workplace injuries annually than any other accident category. Many of these injuries can be disabling or even fatal. This DVD shows employees the situations that can lead to slips, trips and falls, and what they can do to avoid or prevent these accidents. Topics covered are: why slips, trips and falls occur, common causes of accidents, potential health effects of resulting injuries, techniques used to avoid injury, the importance of safety shoes, how to fall safety, as well as other subjects. Upon request, a copy of an employee quiz, a comprehensive leader’s guide, and a training certificate are available.
- D86** Slips, Trips and Falls- Every year, thousands of people are involved in slip and trip accidents and falls from height at work. These incidents are the most common causes of workplace injuries, but are also amongst the most preventable. This program explores the range of factors that contribute to slips, trips and falls, while clearly defining the methods for controlling risks in the workplace. Slips, Trips & Falls is ideal for trainees and employees at all levels, reinforcing and encouraging a pro-active attitude towards safety. Topics covered are: causes of slips & trips, prevention of slips & trips, fall prevention, ladders & stepladders, and case study. 15 minutes. 2010.
- D44** Shoring Safety – Trains workers on shoring installation according to Appendices C and D of OSHA’s Part 1926.65, with filed demonstrations, installations and a detailed explanation of hydraulic and timber shoring systems design installation tables and graphs. 24 minutes, 2008
- D51** Trenching and Shoring Operations – English or Spanish. If your employees are involved in the areas of trenching and shoring, then this training video is a necessary part of your safety program. It explains safety rules, working requirements and emergency procedures. OSHA considers excavating to be one of the most hazardous construction jobs, so be sure to give training to ensure your employees work safely on the job.

Includes an employee quiz and answer sheet so you can know that your trainees have absorbed the training program. Includes PowerPoint slides. 14 minutes, 2009

- D84** Surviving the Fall: Your Personal Fall Arrest System- You know what they say, “It’s not the fall that gets you, it’s the sudden stop.” The farther we fall, the more forceful and damaging that sudden stop becomes. In this program, viewers will see fall protection equipment deployed in actual fall events and learn the proper selection and use of these devices. In addition to safe work practices, such as 100% tie-off techniques, emphasis is placed on having a rescue plan in place should a fall occur. Topics to include: how to use and inspect connection devices, body harnesses, and fall-limiting devices properly, as well as calculating total fall distance and prevention of sudden-stop injuries. 20 minutes, 2013.
- D78** Trenching & Excavation Safety: The Scott May Story – Trenching and excavation work - It’s the starting pint of most construction projects. Before you dig, there’s a lot you need to know, because the risks, just like the weight of the soil, are too great to take a chance. This type of Work is dangerous, with more than 100 workers killed in trench accidents each year. This film covers the duties of the OSHA competent trenching and excavation person, the various types of soil and how they can be identified. The process for determining how to make an excavation safe, the slope-back ratios for types A, B, and C soil, and the lessons that can be learned from Scott May’s accident. 19 minutes.

## DRIVING

- D103** Improper Lane Change-A Collision Countermeasures Presentation-Explores insights regarding safe driving practices. Highlights behaviors and risks of unsafe driving, focusing on lane changes. 5 minutes, 2016
- D98** Winter Driving-When the Rules Change- This program dramatically illustrates the importance of adjusting our driving techniques when winter rolls around. Topics include vehicle preparation for winter, adjusting schedules for winter driving conditions, maintaining good visibility, winter driving techniques including intersections, cornering, skid control, braking and slowing down and winter survival supplies and techniques. Topics covered: how to prepare their vehicles for driving during the winter months, why it is important to maintain good visibility in winter weather, how to navigate their vehicles in wintry driving conditions, how to survive when stranded in wintry conditions. 16 Minutes.
- D66** Driving Safety – The Complete Program – (Complete Training Program) whether employees just drive to and from work or driving is an important part of their job, everyone should have safety training for the safe operation of motor vehicles. Every year accidents claim the lives of more than 35,000 people on our nation’s roadways. Driving is the leading cause of death while working. The video covers: seatbelts and why they must be worn, the importance of creating a safety cushion around your vehicle, how to pass another car on the roadway, driving when it’s dark, how to handle adverse weather, what to do in case of a skid or hydroplane and, finally, what to do in case you are involved in an accident. Class materials include DVD (and upon request, a copy of an employee quiz, a comprehensive leader’s guide and a training certificate). 16 minutes
- D27** Take Pride in Your Job: Seat Belts – Oil field workers and drivers give reasons for wearing seat belts, such as long hours and poor road conditions in a down to earth manner. Good, simple film which makes a very important safety point from a

worker's standpoint. 10½ minutes, 2008

- D76** Hang up and drive: The Jacy Good Story – This dynamic program features Jacy Good and her fiancée Steve recalling the tragic crash that killed her parents as a result of another driver using his cell phone. In May 2008, Jacy and her parents were enjoying great day of accomplishment...Jacy's college graduation. That day was shattered, however, when a devastating collision took the lives of Jacy's parents and left her in a coma. Her brain injury has left her with physical, speech and cognitive impairments, but Jacy's story is an inspiration. Helps viewers recognize the real dangers of texting, cell phone and other distractions while driving. Understand that crashes such as Jacy's devastate the lives of many more people than those who are involved in the crash. Accept the fact that crashes involving cell phone use are preventable. Take specific steps to avoid cell phone use while driving that will start to change the safety culture of driving. Recognize that each of us is responsible for our safe driving behavior. 18 minutes. Copy write 2011.

## **ELECTRICAL**

- D18** Arc Flash Safety Awareness – Do your employees know how to protect themselves, their co-workers and the workplace from arc flash hazards? Be sure of it with this in-depth look at the dangers of arc flash and how best to deal with it. A comprehensive safety program is the first step to compliance with NFPA 70E and OSHA requirements. Covers arc flash hazards, electrical safety, PPE and safe work practices. 18 minutes, 2007
- D74** Electrical Safety in the Workplace- The National Fire Protection Association, NFPA, is the leading authority on electrical safety, especially in relation to protecting electrical workers from burn injuries associated with arc blasts. The most recent 2012 NFPA 70E standard has many changes and updates as compared to the outdated 2009 edition. In this program, the dual hazards of electric shock and arc flash are clearly explained and highlighted with dramatic arc flash footage, full-scale explosions and realistic reenactments of flammable clothing ignition due to arc flash incidents. While convincing your workers of the importance of wearing proper PPE, the video also explains the critical parts of the 2012 70E standard in detail. Topics include qualified electrical worker requirements, creating an electrically safe working condition, confirming a zero energy state, energized electrical work permits, approach boundaries, incident energy level, arc flash boundaries, hazard risk categories and how to properly dress for arc flash protection. Training guide available. 2012, 26 minutes
- D75** Fire Safety for Industrial Workers- Due to the hazardous and flammable materials often used or stored at industrial facilities, fires at these locations can have disastrous consequences. The good news is that almost all workplace fires can be prevented. That's the purpose of the program: to show the safe work practices employees should follow to reduce the risk of a workplace fire, and to review things that should be done if a fire should break out. Why good housekeeping and proper handling and storage of flammable materials are important in preventing industrial fires. How fires are ignited and how they can be extinguished. What precautions to take when electrical hazards are present or when performing hot work. What the five classes of fire are and what extinguishing agents are used to put them out. How to decide when to use a fire extinguisher to put out a fire; and how to use it properly utilizing the PASS method. What to do if someone suffers a fire-related injury. 18 minutes, 2011.

## EMPLOYEE SAFETY

- D89** Understanding Safety at Work- The consequences of poor industrial safety practices can result in serious injury, increased absenteeism, sick days, and even death. An organization can minimize the risk of accidents and incidents occurring by implementing appropriate safe work procedures. Topics covered: risk assessment, housekeeping, hazardous substances, electrical hazards, PPE, noise, slips, trips and falls, confined spaces, fire, outdoor work, and material handling. 24 minutes. 2010.
- D88** Warehousing & Storage Safety Essentials- Working in the warehousing and storage industry presents a variety of hazards. Collisions between vehicles and pedestrians, MSD's injuries, and slips and trips are amongst the most common causes of time off work and lost productivity. This high impact, induction-style program discusses the range of safety issues in the workplace. It is ideal for personnel at all levels and focuses on the trainee's role in preventing incidents, and the fundamental methods for managing risks at work. Topics covered: workplace safety, traffic & pedestrians, forklifts, loading docks, fire safety, slips & trips, working at height, safe storage, and manual handling & ergonomics. 24 minutes. 2011.
- D28** How to Develop & Implement a Safety Program – An overview of how to involve everyone from top management down in a safety program. Accidents are preventable and safety make sense (and saves money). This program comes with a CD-ROM of written materials that can be printed, including test questions and answers. 8½ minutes, 2009
- D9** Process Safety: Management – English and Spanish. This vital program helps supervisors comply with OSHA's Process Safety Standard (1910.119). It covers crucial compliance information and training requirements. Item CPS001 – explanation of the OSHA standard, employee participation, compliance audits, emergency response and follow-up. 18 minutes, 2006
- D10** Process Safety: Protecting Employees OSHA – Spanish and English. A comprehensive employee training program is essential to the safe operation of any process industry facility. A process safety management plan will help your facility avoid tragic incidents that impact your workers and the community. This program takes a close look at the process safety plan. Item CPS004 – employee participation, management of change, process hazard analysis, operating procedures, emergency planning and response. 19 minutes, 2004
- D81** More High Impact – Personal Protective Equipment – This dynamic program shows viewers that a commitment to wearing the required PPE is the key to maintain an injury-free workplace or even saving one's life. Filled with re-creations of actual accidents from OSHA files, this film has proven to be a highly effective training tool through its scared-straight, graphic nature. Shows 6 accidents involving PPE-related mishaps, including an instructor struck and killed by a falling flange, after he removed his hardhat, an employee passing through shipping area is hit in the eye by a nail, and a worker without goggles is splashed in the eyes by chemicals. 18 minutes. Leader's guide available.
- D82** The Respiratory Protection Program: - Exposure to hazardous chemicals in the form of dusts, fumes, mists and gases may cause lung damage, cancer and other serious



ailments to vital organs and the central nervous system. To protect you from these, OSHA implemented the Respiratory protection Standard 1910.134. This program shows employees how this plan works to protect them from respiratory hazards – how assigned protection factors (APF's) are used to determine the appropriate respirator, what protection is afforded by the various types and classes of respirators, how qualitative and quantitative fit tests are performed, how to perform positive and negative pressure seal checks, and how to properly clean and store a respirator. 15 minutes. Leader's guide available.

- D83** Machine Guarding Hazards – In today's work environments, many machines are used to make our jobs easier, safer and more productive. Various types of equipment can bend, punch, press and perform countless operations. As useful as these machines are, their movement and operation can create extreme hazards. Potential machine hazards areas and how they are controlled and/or eliminated. This film shows the importance of properly using, installing and maintaining fixed and adjustable machine guards, the various types of safety devices that are used for added protection, why machine guards and safety devices must not be defeated, bypassed or removed, and gives testimony from workers who have been injured by taking risks around moving machinery. 14 min. Leader's guide available.

## **ERGONOMICS**

- D58** Carpal Tunnel Syndrome, CTS – English or Spanish. Describes carpal tunnel syndrome, gives tips on how to prevent CTS and what employees can do to reduce the effects of these repetitive motion injuries. If your employees perform repetitive tasks, then this training will help alleviate and reduce workplace injuries. Includes questions, answers and PowerPoint slides. 12 minutes. 2009
- D45** Ergonomics – Understand how to recognize and reduce the stress on your body from your daily work environment. This course discusses: musculoskeletal disorders (MSD) and prevention techniques, engineering and administrating controls and motion-based physical, environmental and psychological risk factors. Based on OSHA ergonomic guidelines. 20 minutes
- D11** Ergonomics (Health Care) – Though this film is written with the health care industry in mind, the points made apply to everyone. An ergonomics program is never really completed, as both the people and the work environment change constantly. Four elements leading to a successful program are: identify the current hazards, prevention and control of hazards, implementation of a medical management system and involvement of everyone. Program comes with a CD-ROM of written materials, including test questions and answers. 6 minutes, 2009

## **EYE CARE**

- D94** Understanding Eye Safety at Work – It's extraordinary that thousands of workers suffer eye injuries in the workplace each year, and how easily these accidents could be avoided. This training title covers all aspects of eye safety for employees. Included are 6 interactive case studies re-creating the most common types of eye injuries at work. An action packed training title that will ensure everyone at your workplace understands the importance of eye safety. Topics covered: Case studies, it could happen to you! PPE (including maintenance and storage), Emergency response, the hierarchy of control. 18 minutes, 2006.

## FARM SAFETY

- D100** Farm Tractor Safety: More than Plows and PTOs- Training for farm workers in 10 chapters. Chapters include: What is a farm tractor?, Tractor startup procedures, Basic Operation, Hitching and hydraulic lines operation, Power take off - PTO, Accidents, Children and tractors, Heat related illness and fatigue, and Harvest celebration. 54 minutes, 2010.

## FIRE

- D85** Fire Extinguisher Basic Training- Workplace fires can happen at any time. That's why it's important to know what to do when a fire starts- know when and how to fight it and when not to. This program will provide viewers with the basic information they need to react safely in a potentially dangerous situation involving a fire. Topic covered: five classes of fire and the appropriate extinguisher for putting them out, what conditions must be met when deciding when to use a fire extinguisher, how to use the PASS method to extinguish a fire, how to inspect, maintain and store fire extinguishers. 13 minutes
- D91** Office Building Fire Safety- An office fire can spread quickly, resulting in a large loss of life and damage to property. An organization can minimize the risk and spread of fire by planning for a fire emergency. Topics covered: common fire hazards, fire prevention, fire detection, facing the fire, extinguishing the fire, fire wardens, and evacuation, 18 minutes. 2007
- D75** Fire Safety for Industrial Workers- Due to the hazardous and flammable materials often used or stored at industrial facilities, fires at these locations can have disastrous consequences. In fact, 3,000 workers are injured and another 150 die each year in industrial fires. The good news is that almost all workplace fires can be prevented. That's the purpose of the program: to show the safe work practices employees should follow to reduce the risk of a workplace fire, and to review things that should be done if a fire should break out.
- Why good housekeeping and proper handling and storage of flammable materials are important in preventing industrial fires. How fires are ignited and how they can be extinguished. What precautions to take when electrical hazards are present or when performing hot work. What the five classes of fire are and what extinguishing agents are used to put them out. How to decide when to use a fire extinguisher to put out a fire; and how to use it properly utilizing the PASS method. What to do if someone suffers a fire-related injury. 18 minutes, 2011.

## FLAG SAFETY/TRAFFIC CONTROL

- D14** Traffic Control – Flagger Safety. – As a flagger, you must make traffic aware, control speed and act as your company representative. A professional appearance gives authority to a flagger. This film gives the basic “how tos” of flagging. The program comes with a CD-ROM of written materials that can be printed, including test questions and answers. 5 minutes, 2000

## FORKLIFT/TRUCK

- D95** Forklift Safety Essentials- A forklift is a powerful and safe tool when used well by a trained operator. However, forklift safety is often not well understood by many

operators and this can increase the risk of accidents. Every year pedestrians and operators are killed and injured as a result of unsafe forklift operation. Topics covered: checking for safety, the operating environment, forklift attachments, refueling & recharging, traveling & traffic controls, lifting and moving loads, parking the forklift. 26 minutes, 2006.

- D53** OSHA Regulations for the Forklift Driver – This program was developed to teach forklift operators about OSHA regulations and requirements relating to forklift operators. Specifically designed to help ensure that your forklift operators receive the OSHA required training. 18 minutes, 2009
- D1** Powered Low-Lift Trucks Powered Low-Lift Trucks: Walkie & Walkie/Rider Safety – This valuable program reviews training for the powered low-lift trucks that are commonly known as walkies and walkie/riders. The program helps transporter, pallet truck and platform truck drivers comply with the OSHA ruling (1910.178), which includes low-lift trucks. Includes characteristics and load handling with PPE. 17 minutes, 2007
- D79** Operator –Forklift Safety Lessons for the Safe Operator – Each year, nearly 100 workers are killed and another 20,000 seriously injured in forklift-related accidents. Forklift operators play a vital role in staying alert to the hazards around them, and working safety with pedestrians; loads can be moved securely, each and every time. That’s the purpose of this program...to show operators the safe work practices they must follow to avoid injuries and property damage. This film covers training and qualifications as well as types and classes of forklifts, pre-operational inspection, mounting and exiting safely, and parking the forklift properly, preparing for hazards before traveling and the Stability Triangle, traveling with a load and safe operation around pedestrians, and use of maintenance platforms, sloped surfaces and good lighting. 15 minutes

## GENERAL INDUSTRY

- D72** Fall Arrest Systems – Whether you use a personal fall arrest system every day or only once in your life, this is for certain: the systems won’t do any good unless it is used properly. This film covers: the basic of the ABCs of the fall arrest system (Anchor point, body harness and connecting device), how the three components of a personal fall arrest system work together to prevent injuries and death, how to properly select, inspect and use fall prevention equipment, how to calculate the fall distance between the anchor point and the maximum elongation of the connecting device and why it is so important to choose a safe, legal tie-off point. 15 minutes
- D71** PowerLift: Lifting Training That Works – Most of us have been trained to lift objects with the traditional bend your knees and keep your back straight techniques, but this doesn’t work. This method forces us to overuse our knees and legs and our backs still end up bearing the brunt of the load. Dr. Michael Schaefer has recognized the flaws of the conventional lifting technique and developed a safe, easy and stronger lifting position. Covered subjects are: the structure of the back and why back lifting can be so harmful, flaws of the traditional “squat lift” technique, cumulative injury and scar tissue, keeping the spine in a neutral position and basics of the wide stance *PowerLift*, the four lifts derived from the *PowerLift* concept: tipping load, tripod lift, golfer’s bend and lean-bar lifting techniques, and adding strength and balance to a lift by bridging. 19 minutes

- D8**      Top 10 OSHA Violations – OSHA regulations generally cover physical hazards such as unguarded machinery, broken equipment and similar hazards. Explains each of OSHA's 10 most often violated standards. The program comes with a CD-ROM of written materials, including test questions and answers. 6½ minutes, 2007
- D83**     Machine Guarding Hazards – In today's work environments, many machines are used to make our jobs easier, safer and more productive. Various types of equipment can bend, punch, press and perform countless operations. As useful as these machines are, their movement and operation can create extreme hazards. Potential machine hazards areas and how they are controlled and/or eliminated. This film shows the importance of properly using, installing and maintaining fixed and adjustable machine guards, the various types of safety devices that are used for added protection, why machine guards and safety devices must not be defeated, bypassed or removed, and gives testimony from workers who have been injured by taking risks around moving machinery. 14 min. Leader's guide available.
- D9**      Process Safety Management – Real life scenarios and training on process safety. This DVD walks through the steps of OSHA inspections for these standards. It gives tips on how to have a more effective process safety program. English and Spanish languages are both contained on this video. 18 minutes, 1993.

### **HAZCOM**

- D40**     Hazard Communications – Get a better understanding of the importance of container labeling for a safer workplace. This course discusses OSHA's Hazard Communication Standard (HCS) and the requirements for a written Hazard Communication Program (HCP). Learn about the four factors of chemical exposure and additional topics such as workplace chemicals, chemical exposure, chemical labeling, Material Safety Data Sheets (MSDS) and methods of controlling physical and health hazards. 16 minutes, 2008
- D87**     Material Handling for Industry 2012- Unsafe material handling is the most common cause of work related injuries. These injuries can cause personal suffering and loss of income, and also cost businesses and national economies. Injuries that arise from hazardous material handling are commonly known as musculoskeletal disorders or MSD's. Any worker can be affected, yet MSD's can be prevented by assessing work handling, consulting with co-workers, putting in place preventative measures and checking that these measures stay effective. Topics covered: Material handling injuries, MSD's, how your back works, it could happen to you interview, risk factors, case studies, and principles of safe material handling. 22 minutes, 2010.
- D41**     HazCom Millennium – Gives a great deal of information in a very short time. Explains in detail physical and health hazards caused by chemicals, what these hazards are and how to prevent harm. Also goes into the use of MSDS and PPE. Contains a CD-ROM from which you may print materials for use in a training session. 5½ minutes, 2007
- D80**     GHS – Hazard Communication and the Global Harmonizing System – Implementing the globally Harmonized System, or GHS, helps ensure improved quality and consistency in the classification and labeling of all chemical, which in turn, improves an employee's ability to quickly understand critical safety information. The program is designed to help employees understand the three key elements of the GHS: Hazard Classification, Container Labeling and Safety Data Sheets. This film covers what the written Hazard

Communication Plan and the Global Harmonizing System are, the 16 classes of physical hazards and the 10 classes of health hazards, the information found on GHS chemical container labels, descriptions of the various pictograms representing physical hazards, health hazards, environmental and transport, the types of precautionary statements for each hazard class, and other relevant information found on the label such as supplier information. 22 minutes.

### HEAT STRESS

- D96** Understanding & Preventing Heat-Related Illnesses- Collectively known as heat stress, these illnesses are serious and can even cause death in some cases. Illnesses include heat cramps, heat rash, heat syncope and the potentially fatal heat exhaustion and heat stroke, which account for over 400 worker deaths each year. Topics Covered: How the human body responds to hot conditions, what the symptoms of various heat-related illnesses are and how they should be treated, the process of becoming acclimated to hot environments, what precautions employees and companies can take to prevent heat stress such as the use of the buddy system, preventing heat stress at indoor facilities, specialized clothing and protective devices for working in hot conditions. 16 Minutes.
- D48** Heat Stress: Staying Healthily, Working Safely – More than 20 percent of heat stroke victims die regardless of their health or age. The information in this video provides general safety instructions to anyone who works in a hot environment, whether that environment is an indoor or outdoor area. This presentation covers the various types of heat stress, what their symptoms are, how the body operates in a hot environment, what workers can do to prevent heat stress from occurring and what measures to take if they recognize heat stress symptoms in themselves or a coworker. 14 minutes, 2008

### HEXAVELENT CHROMIUM

- D34** Hexavalent Chromium – This compound is in chromate pigments in dyes, paints, inks and plastics. It becomes a hazard during chrome plating, smelting of Ferro Chromium ore, fumes from welding stainless steel or nonferrous chromium alloys. It can be inhaled, ingested or come in contact with the skin, and can cause everything from skin problems to lung cancer. OSHA has very strict standards in the handling and exposure to this compound. This film provides a great deal of information in a short format. A CD-ROM has classroom materials, including test questions and answers. 6½ minutes, 2007

### LIFTING

- D71** PowerLift: Lifting Training That Works – Most of us have been trained to lift objects with the traditional bend your knees and keep your back straight techniques, but this doesn't work. This method forces us to overuse our knees and legs and our backs still end up bearing the brunt of the load. Dr Michael Schaefer has recognized the flaws of the conventional lifting technique and developed a safe, easy and stronger lifting position. Covered subjects are: the structure of the back and why back lifting can be so harmful, flaws of the traditional "squat lift" technique, cumulative injury and scar tissue, keeping the spine in a neutral position, and basics of the wide stance *PowerLift*, the four lifts derived from the *PowerLift* concept: tipping load, tripod lift, golfer's bend and lean-bar lifting techniques, and adding strength and balance to a lift by bridging. 19 minutes

## LOCKOUT – TAGOUT

- D63** Lock-out/Tag-out – (Complete Training Program) Created specifically to assist facilities in complying with the employee training requirements of OSHA’s Lock-Out/Tag-Out regulations. Discusses the OSHA Lock-out/Tag-out Standard, including the Energy Control Plan. Uses environments familiar to employees working with both electric and hydraulic/pneumatic equipment and points out specifically where Lock-out/Tag-out procedures should be applied. Topics covered include: the regulation itself, energized machinery, lock-out/tag-out concepts, procedures and devices, electrical systems, hydraulic and pneumatic systems, and more. Class materials include upon request a copy of an employee quiz, a comprehensive leader’s guide and a training certificate. 22 minutes
- D15** Lockout/Tagout (Control Hazardous Energy Sources) – Each organization must identify and have in writing all hazardous energy sources, must identify authorized and affected employees and must train and retrain those employees in lockout tag out procedures. The person performing the work must have control of the power flow. This informative film is short and to the point. It comes with a CD-ROM of written materials, including test questions and answers. 3 minutes, 2006
- D46** Lockout/Tagout for Affected Employees – Geared to employees affected by lockout/tagout procedures rather than employees utilizing the procedures for maintenance. It teaches the employees the purpose behind locking and tagging out and explains the various types of locks and tags and their purposes. 7 minutes, 2008
- D16** Lockout/Tagout –Making it Safe – A simple maintenance task can become a life threatening activity when working on operational equipment and the equipment unexpectedly activates because someone who cannot see what you are doing turns it on, or because you accidentally activate it yourself. You could lean over to undo a bolt and lose a finger, an arm, or even your life. Isolation procedures, often call “Lockout/Tagout,” are designed to prevent equipment from activating during maintenance and servicing. This production covers a range of issues including steps to effective lockout/tagout, group lockout/tagout, hidden and stored energy and multiple energy sources. 16 minutes, 2008
- D17** OSHA’s Lock -Out/Tag-Out – Stresses the control of hazardous energy sources and that authorized and affected employees must be trained and retrained. Touches on the high points of lockout/tagout safety. Comes with CD-Rom of written materials, including test questions and answers. 5 minutes, 2009

## MATERIALS HANDLING

- D90** Warehouse Material Handling 2012- Unsafe material handling is the most common cause of work-related injuries. These injuries can cause personal suffering and loss of income, and also cost businesses and national economies. Injuries that arise from hazardous material handling are commonly known as musculoskeletal disorders or MSD’s. Any worker can be affected, yet MSD’s can be prevented by assessing work handling, consulting with co-workers, putting in place preventative measures and checking that these measures stay effective. Topics covered: Material handling injuries, MSD’s, how your back works, it could happen to you interview, risk factors, case studies, and principles of safe material handling. 19 minutes, 2010.

- D87** Material Handling for Industry 2012- Unsafe material handling is the most common cause of work-related injuries. These injuries can cause personal suffering and loss of income, and also cost businesses and national economies. Injuries that arise from hazardous material handling are commonly known as musculoskeletal disorders or MSD's. Any worker can be affected, yet MSD's can be prevented by assessing work handling, consulting with co-workers, putting in place preventative measures and checking that these measures stay effective. Topics covered: Material handling injuries, MSD's, how your back works, it could happen to you interview, risk factors, case studies, and principles of safe material handling. 22 minutes, 2010.

### **MEDICAL**

- D97** Bloodborne Pathogens Training for Employees- Employees must go through bloodborne pathogen training in order to receive their OSHA certificate. Workers must be well versed in the universal precautions of the OSHA Bloodborne Pathogens Standard 1910.1030 and know how to respond to exposure situations using the exposure control plan. This training video highlights the hazards of bloodborne pathogens and covers OSHA regulations regarding bloodborne pathogens. Topics covered: what an Exposure Control Plan is and how it works, how bloodborne pathogens enter the body, how universal precautions, Personal Protective Equipment (PPE) and barrier devices work to protect employees from exposure, how to handle and dispose of sharps and other potentially contaminated items. 18 Minutes.
- D24** Introduction to Industrial Toxicology- (English or Spanish) what is toxicology? Terms, definitions and entranceways of toxins into the body are covered in this extensive video. The different types of hazards, hazard identification and exposure limits are explored, including the different types of TLV. Basic emergency response procedures are outlined as well as how to use Emergency Response Guidebooks to identify and properly respond to chemical hazards.

### **OSHA**

- D13** Facts About OSHA Inspections – Developed from OSHA's requirements and guidelines relating to inspections. Tells employers how to prepare for OSHA inspections. Covers regular inspections, imminent danger situations, and the inspection process. 16 minutes
- D12** OSHA Recordkeeping and Insurance Paperwork – This film recognizes the fact that recordkeeping is a dull job, but undeniably necessary. It defines events which are recordable and those that are not. It is ideal for the person doing the recordkeeping and reporting. The program comes with a CD-ROM of written materials, including test questions and answers. 5 minutes, 2000.

### **PERSONAL PROTECTIVE EQUIPMENT**

- D22** Personal Protection Equipment – If you choose not to use personal protective equipment, your attitude may be the biggest hazard of all. If your employer requires it, wear it! That is the smart, professional thing to do. This brief film covers a wide variety of PPE. The program comes with a CD-ROM of written materials, including test questions and answers. 5 minutes, 2008
- D42** Personal Protection Equipment – Every day, someone decides to give up their sight,

hearing, fingers, toes or worse to save a few seconds of effort. Sure it can be inconvenient and uncomfortable, but properly using personal protective equipment (PPE) is better than many unfortunate alternatives. This DVD covers: head protection, eye and face protection, foot protection, respiratory protection and hearing protection. 18 minutes, 2008

- D23** PPE Essentials – Health and safety research indicates that failure of personnel to wear PPE, use PPE properly and use compatible PPE results in accidents and fatalities that cost organizations and the community more than \$1 billion per year. This high impact DVD will help ensure that personnel at your workplace wear their PPE and use it properly. 24 minutes, 2008
- D21** PPE: Reality In The Public Sector Personal Protective Equipment – English and Spanish. Trends come and go, but safety will not. All the time, every time, public sector employees must wear their PPE. They face a lot risks and must be prepared. Otherwise, the results can only be tragic. A first-hand look at the consequences of not wearing PPE, through a worker's recounting of his accident. Stresses the importance of using protective equipment. Covers wearing the right PPE for the job, the importance of PPE, employer's and employee's responsibility, care and maintenance and different types of PPE. 19 minutes, 2007
- D81** More High Impact – Personal Protective Equipment – Shows viewers that a commitment to wearing the required PPE is the key to maintain an injury-free workplace or even saving one's life. Filled with re-creations of actual accidents from OSHA files, this film has proven to be a highly effective training tool through its scared-straight, graphic nature. Shows 6 accidents involving PPE-related mishaps, including an instructor struck and killed by a falling flange, after he removed his hardhat, an employee passing through shipping area is hit in the eye by a nail, and a worker without goggles is splashed in the eyes by chemicals. 18 minutes. Leader's guide available.
- D82** The Respiratory Protection Program: - Exposure to hazardous chemicals in the form of dusts, fumes, mists and gases may cause lung damage, cancer and other serious ailments to vital organs and the central nervous system. To protect you from these, OSHA implemented the Respiratory protection Standard 1910.134. This program shows employees how this plan works to protect them from respiratory hazards – how assigned protection factors (APF's) are used to determine the appropriate respirator, what protection is afforded by the various types and classes of respirators, how qualitative and quantitative fit tests are performed, how to perform positive and negative pressure seal checks, and how to properly clean and store a respirator. 15 minutes. Leader's guide available.
- D83** Machine Guarding Hazards – In today's work environments, many machines are used to make our jobs easier, safer and more productive. Various types of equipment can bend, punch, press and perform countless operations. As useful as these machines are, their movement and operation can create extreme hazards. Potential machine hazards areas and how they are controlled and/or eliminated. This film shows the importance of properly using, installing and maintaining fixed and adjustable machine guards, the various types of safety devices that are used for added protection, why machine guards and safety devices must not be defeated, bypassed or removed, and gives testimony from workers who have been injured by taking risks around moving machinery. 14 min. Leader's guide available.



## POWER TOOLS

- D50** Powder Actuated Tool Safety – Including Ramset Guns and Nail Guns – If you use a powder actuated tool you must be sure that you use it safely and have the proper training. This video discusses safety procedures, the different types of equipment, hazards, types of loads, and how to safely use a nail gun or powder actuated tool. Hilti guns, ramset guns and nail guns are very useful but are potentially dangerous, so proper training is a must. This video will serve as an excellent safety training resource. 10 minutes, 2009
- D62** Table Saw and Radial Saw Safety – Many industries use table and radial arm saws in their daily operations. This table saw safety video shows employees the importance of using their saws safely. Kick back, eye protection, hearing protection and machine guarding are discussed. Includes questions and answers. 5 minutes, 2009

## RECORDKEEPING

- D25** Hazardous Material Sheets (MSDS) – These sheets provide information on the chemicals used in the workplace. The film shows in detail what information can be found on the sheets and what it means. These sheets must be made available to anyone asking for the information. The program comes with a CD-ROM of written materials, including test questions and answers. 6 minutes, 2000
- D26** MSDS for Hazardous Communications – Everyone comes in contact with hazardous materials, at work and at home. These include any material that poses a health or physical risk. Anything from batteries to insect killers, soaps, detergents and cleaning supplies. This film covers MSDS for work place hazards, but points out that the home can also be a place of danger. The program comes with a CD-ROM of written materials, including test questions and answers. 6 minutes, 2007
- D12** OSHA Recordkeeping and Insurance Paperwork – This film recognizes that recordkeeping is a dull job, but undeniably necessary. It defines events which are recordable, and those that are not. It is ideal for the person doing the recordkeeping and reporting. The program comes with a CD-ROM of written materials, including test questions and answers. 5 minutes, 2000

## RESPIRATORS

- D61** Escape Respirators and SCSRs – This DVD training module explains the different types of escape respirators, including self-contained self-rescuers (SCSRs), what they are intended for, how to use them and how to care for them. 24 minutes, 2008
- D101** Respiratory protection for healthcare workers- This DVD provides a brief overview and general information regarding respirator use in a healthcare facility. It does not cover all of the requirements specified by OSHA's Respiratory Protection Standard at 29 CFR 1910.134. It gives a basic understanding of why a respirator may be used in a healthcare setting and how to properly use one. The DVD addresses the comprehensive plan that is needed if respirators are used in a healthcare facility. Finally, the myths surrounding respirators are addressed. 33 Minutes, 2011
- D60** Respiratory Devices – Provides an overview of respirators, including the need for respirators, the types of respirators available, the proper use of respirators and proper treatment of respirators, including washing and storage. 62 minutes, 2008

- D35**      Respiratory Responsibilities – Details the program necessary to maintain the safe use of respirators in the workplace and gives step by step instruction. Comes with a CD-ROM of written materials, including test questions and answers. 5½ minutes, 2007
- D81**      More High Impact – Personal Protective Equipment – This dynamic program shows viewers that a commitment to wearing the required PPE is the key to maintain an injury-free workplace or even saving one’s life. Filled with re-creations of actual accidents from OSHA files, this film has proven to be a highly effective training tool through its scared-straight, graphic nature. Shows 6 accidents involving PPE-related mishaps, including an instructor struck and killed by a falling flange, after he removed his hardhat, an employee passing through shipping area is hit in the eye by a nail, and a worker without goggles is splashed in the eyes by chemicals. 18 minutes. Leader’s guide available.

### **SLIPS, TRIPS, FALLS**

- D64**      Slips, Trips and Falls – (Complete Training Program) Most employees don’t give much thought to the prospect of slipping, tripping or even falling on the job. Yet these types of accidents account for more workplace injuries annually than any other accident category. Many of these injuries can be disabling or even fatal. This DVD shows employees the situations that can lead to slips, trips and falls, and what they can do to avoid or prevent these accidents. Topics covered: why slips, trips and falls occur, common causes of accidents, potential health effects of resulting injuries, techniques used to avoid injury, the importance of safety shoes, how to fall safety, as well as other subjects. Upon request, a copy of an employee quiz, a comprehensive leader’s guide, and a training certificate are available.
- D86**      Slips, Trips and Falls- Every year, thousands of people are involved in slip and trip accidents and falls from height at work. These incidents are the most common causes of workplace injuries but are also amongst the most preventable. This program explores the range of factors that contribute to slips, trips and falls, while clearly defining the methods for controlling risks in the workplace. Slips, Trips & Falls is ideal for trainees and employees at all levels, reinforcing and encouraging a pro-active attitude towards safety. Topics covered: causes of slips & trips, prevention of slips & trips, fall prevention, ladders & stepladders, and case study. 15 minutes. 2010.

### **STRESS**

- D70**      Working with Stress – NIOSH is committed to provide knowledge to overcome job stress that poses a threat to the well-being of workers and organizations. 17 mins, 2002

### **UTILITY SAFETY**

- D52**      Hazard Recognition for Utility Workers – English or Spanish. Learn to recognize the hazards they face with a program that uses hazard scenarios specific to utility workers to illustrate the three causes of incidents, the importance of correcting unsafe conditions and how to control hazardous energy to prevent incidents and injury. Responsibilities of supervisors and team leaders, responsibilities of employees and spotting unsafe conditions and practices are some of the subjects covered. 18 minutes, 2008

## VIOLENCE

- D7** Violence on the Job – This film provides a better understanding of violence in the workplace, the effects of violence on safety and health, and prevention of violence. 27 minutes, 2004

## YOUTH

- D76** Hang up and drive: The Jacy Good Story – This dynamic program features Jacy Good and her fiancée Steve recalling the tragic crash that killed her parents as a result of another driver using his cell phone. In May 2008, Jacy and her parents were enjoying great day of accomplishment...Jacy's college graduation. That day was shattered, however, when a devastating collision took the lives of Jacy's parents and left her in coma. Her brain injury has left her with physical, speech and cognitive impairments, but Jacy's story is an inspiration. Helps viewers recognize the real dangers of texting, cell phone and other distractions while driving. Understand that crashes such as Jacy's devastate the lives of many more people than those who are involved in the crash. Accept the fact that crashes involving cell phone use are preventable. Take specific steps to avoid cell phone use while driving that will start to change the safety culture of driving. Recognize that each of us is responsible for our safe driving behavior. 18 minutes, 2011